

Are YOU neurodivergent ?

You may be in the most needy & deserving group of the Open Camping-Street Homeless for whom the 501c3 “Building Community Thru’ Healing Homelessness” has designed the Developing Diamonds Community Transformational Sanctuary-Home.

or

You may be a member of the public “genetically designed” to be the MOST Empathic to and the BEST Peer Mentors for those of our Home who have lived their lives being Misunderstood, Dismissed, Maligned & Dehumanized PLEASE Complete the Survey, Submit, and Volunteer

Core Purposes of Self-Assessments (adapted from Rula)

Self-Discovery and Clarity: They provide a structured framework for individuals to recognize why they experience the world differently, replacing self-blame with understanding.

Navigating Barriers: They serve as vital alternatives for adults facing systemic barriers to clinical diagnoses, such as high healthcare costs, long waitlists, or clinician bias.

Resource Optimization: Sorters help users identify personalized coping mechanisms, communication strategies, and daily life accommodations that improve their quality of life.

Not a Formal Diagnosis: Online quizzes and checklists are screening tools and do not replace professional medical or psychological evaluations.

Context and Nuance: They cannot account for environmental factors, trauma, or co-occurring mental health conditions that may mimic or overlap with neurodivergence.

Developing Diamonds Community has adapted the **Neurodivergent Sorters** of Rula, Aura Health, Unique Pathways and Liz Galago/Lolly Coleman **MS,LMFT**, adding some evidence based markers relevant to the experiences of the local Chronic Homeless Community.

The purpose of *this* Neurodivergent Sorter is to collect data to identify a rough percentage of the local chronic open camping and street homeless who exhibit the markers of neurodivergence, need and deserve the Specialized Transformational Housing environment, process and protocol of the **Developing Diamonds Community’s Sanctuary Home** in order to Heal the side affects of years of accumulated mental trauma from simply being “different,” and adapt their Atypical processes to release their innate creativity thru’ collaborating with a typical society, turning those healed traumatic memories into their “magic sauce of empowerment”

There are no wrong answers. Relax and answer your first “gut feeling” response.-

In order to provide an appropriate Shelter and Future of your Choice, and do our part in ending the misunderstandings and inhumanity of Chronic Open Camping and Street Homelessness, the **Developing Diamonds Community** needs to know more about you. **Please help us by answering the following Anonymous Survey.**

Mark an identifier (initials or a code) to ensure this survey is not submitted more than once _____
 There are no wrong answers. Simply **Circle the y or n** Check the best answer, or **Fill in** the blank____
Thank you for helping US Help You and ALL

1. Were your **parents homeless**? y **don't know** n
2. Do you prefer to **figure things out for yourself**____or have someone **explain**
what they believe to be the **only "right way"** to do the job____ ?
3. Do you often find **social situations** overwhelming____or energizing____?
4. Do you take things **literally** and often miss jokes or sarcasm? y n
5. In a **crisis**, I take **time to think things through** ____**react impulsively**____
6. Do **loud noises or bright lights** feel **overwhelming**____or exciting____?
7. I like a **daily routine** and feel anxious **if it is changed, suddenly** y n
8. It's **hard to focus** on **jobs** I don't care about. y n
9. Have you been told you **ask too many questions**? y n
10. I'm **better** at **finding** a solution to problem than **executing** it (making it happen) y n
11. Do you **make friends** easily? y n
12. I can **focus** on something I love for hours without noticing **time passing**. y n
13. I'm good at putting together **puzzles**. y n
14. I often **lose my train of thought** when I'm **interrupted**. y n
15. Have you ever been in a **shelter** in Shasta County ? y n
16. I am often told I am **speaking too loudly** or **softly** without realizing it. y n
17. Were you ever **called names** like, "weird, airhead, dumb or stupid?" y n
18. When you have a **problem**, do you **solve it**____or **ignore it**____hoping it will go away y n
19. Have you been **punished** for something you did **"wrong,"** but **did not** understand why? y n
20. Do you take illegal drugs (nor including marijuana) ? y n
21. **I take drugs** to be social____to relieve stress____stay awake at night____ All of these ____
23. Do you often **need private personal space** to just "get your head together"? y n
23. Do you like **camping** in nature ? y n
24. Would **you live where** you were **told what to do or feel, "for your own good"?** y n
25. Would you rather play a game **by yourself**____or **with a team** ____ ?
26. I **envision** the **Big Picture first**, then I can imagine the **details** to get there, **later**. y n
27. Do you often feel **disrespected**? y n
28. I find it difficult to make **eye contact** when I'm **talking** to someone. y n
29. Some **sounds, smells, textures** (like clothing tags) are very irritating to me y n
- 30..I find it hard to know when it's my **turn to speak** in a conversation. y n
31. I need **time to adjust** to big changes in my life-style y n
32. Did you ever **wake up** in the **wrong place** & feel **abandoned** as a child? y n
33. Do you think **"out of the box"** y n
34. Repeating motions like tapping, rocking or fidgeting helps **calm me** y n
35. I find it **hard to start** a task unless I have **specific instructions to begin**. y n
36. Do find when you are **talking to someone**, they are just not **interested**? y n
37. What is your **greatest joy**? _____
38. What is your **worst fear**? _____
39. What do you **not like** about yourself ? _____
40. What do you **like best** about yourself? _____

Thank you. You've been a great help. Have a beautiful Day

Submit with name _____

Submit Anonymously

I would like to **Volunteer**.